



HELLO FALL



New Employee Spotlight



Laurie Engel
Clinical Director

Laurie has been working with RAC since July. She has over 25 years of experience as a licensed clinical social worker and a licensed clinical alcohol and drug counselor. She is passionate about providing quality care and support to individuals, couples, and families struggling with mental health and substance abuse issues. Laurie specializes in Cognitive-Behavioral Therapy, Motivational Interviewing, substance abuse relapse prevention, trauma, depression, anxiety, bipolar disorder, mood disorders, psychotic disorders, grief and loss, and chronic pain.

In her position, Laurie wants to ensure that everyone who enters the RAC doors feels the community environment. She takes pride in knowing just how great the team is.

Laurie believes in a holistic approach to treating co-occurring disorders, and her favorite intervention is pet therapy.

Team Information

Latest Events



Recovery Night

Our team was part of a special night at the Wells Fargo Center in Philadelphia. Recovery Night was a powerful and meaningful event, where we got to watch the Flyers play against the Montreal Canadiens. Each special ticket came with a Flyers sobriety chip, symbolizing the collective commitment to recovery.

Check out the video recap on our socials

Upcoming Events



Trip to Museum of Illusions

At Recovery at the Crossroads, we plan monthly trips with our clientele to give them new adventures. This month, the company will visit the Museum of Illusions in Philadelphia. The museum has different visions in each room that are available.

New Blog Post



Coping with Family Stressors During the Holiday Season: Tips for Recovery

Discusses the everyday holiday stressors, the role of alcohol during this time, and strategies to have a sober holiday.

[Coping with Family Stressors During the Holiday Season](#)



509 NJ-168, Blackwood, NJ 08012 | (856)-644-6929

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